

Rosen Bodywork Intensive

The 6 to 12 of July 2026

This course is open to any person who wishes :

- to undertake a process of personal development
- to become acquainted with the practice and philosophy of Rosen Method
- to begin or continue Rosen Method training

Necessary pre-requisite for doing an intensive course : to have already a week-end introduction course.

The course will start Monday, 6 July at 10:00 am and finish on Sunday, 12 July at 2:00 pm.

Teachers : Lene Espensen and Anne-Marie Paris (Switzerland)

Languages : French – English

Location : L'Aube, 26400 Piégros-la-Clastre, Drôme. See website www.aube-association.com

Price course and accomodation (to be paid on site to L'Aube) with double room, July 6-12 : 1445 euros

- Arrival the day before, Sunday 5th July, with supper, night and breakfast Saturday : 51 €.
- Price course without full-board accomodation : 1000 euros

For information contact : Nathalie Landy +33 (0)6 07 50 12 34 or methoderosen@gmail.com

Bring for the course : 2 sheets, a pillow and a blanket

Registration form – Bodywork Intensive in L'Aube from 6 to 12 July 2026

First name : Last name :

Adress

Phone : E-mail :

Send this registration form to Nathalie Landy, email : methoderosen@gmail.com, and make a deposit transfer of 150 euros : IBAN code : FR7610278060310002056190193 • BIC code : CMCIFR2A

Please specify “your name - Drôme juillet 2026” in the subject line of your transfer.

If you have to cancel your participation in the course, the deposit will be refunded until two weeks before the beginning of the course.

Registration form and questionnaire for a Rosen Method course

The following questions are confidential
Only teachers and their assistants will have access to them.

Bodywork Intensive in L'Aube, Piégros la Clastre July 6-12, 2026

First name : Last name :

Street address :

City

Phone number : Email :

Date of birth :

How did you get to know the Rosen Method ?

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Have you already attended a Rosen class or workshop ? If so, where and when and with
which teacher ?

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Have you ever received Rosen sessions? If so, how many?

Have you attended weekly Rosen movement classes? If so, where, and for how long?

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Have you ever attended other movement or bodywork training courses ?..... If so, which ones ?

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Have you done any other personal development work ?

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Are you currently under physical or psychiatric medical treatment ?

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Is there any other information concerning your physical and psychic health we should know ? (alcohol dependence or other).....

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Who to call in case of emergency ?

1. Phone :

2. Phone :

This work requires a personal commitment on the part of the participants. By registering in this course, I declare I will be responsible for myself, for my physical and psychic health.

Date : Signature :

Commitment

1. Confidentiality agreement

I understand that Rosen Method is a private and personal experience for every participant. I am committed to respect all information, words and acts of the participants as strictly confidential and private.

2. Brand use

I know that «Rosen Method»'s brand and logo are protected and that they can't be reproduced, copied or duplicated without a special written permission from the «Centre Rosen».

Only practitioners who have graduated from the Rosen Institute, and 3rd level students can use the name and the logo «Rosen Method».

Furthermore, I am committed not to film or take photographs without prior consent.

Date : Signature :